

## **Message from Aurelia**

***You have all the Powers in your inner kingdom!***

***(Shasta, in the wooden area behind the Motel)***

Denise: Aurelia is very happy!

I am here! I am here among you! What a joy in my heart! I am Aurelia and I have been accompanying you since you arrived in this place at the foot of this magical mountain. I have been watching over you since the instant you made the decision to come to this divine sacred place to recharge your soul, your Lemurian memories, to reconnect with this light, with this joy of living; yes, we are talking about joy of living.

As you hear these words, I invite you to focus on your sacred heart, this magical place within you, within this Sacred Temple you use every day.

In this sacred place lie memories of the love language, the heart; and the heart of Lemuria where the energy of love enveloped all that was, enveloped the continents, all the living beings and the entire planet.

Yes! There was a time when this Earth knew, felt and lived with peace between all the kingdoms: animals, humans, plants, all that was alive on this planet. At a certain period, Lemuria also lived in peace because love energy surrounded everyone and everything.

And guess who you are? Each one of you?

Today, I invite you to recognize and accept that you are a being of love; in all that you are, from the toes to the tip of your hair. All that you are is pure love, the proof: your physical body cannot exist without the love light. So, logically, you cannot separate yourself from the light of love, the frequency of love because you literally bathe in it. It is this light, this energy that keeps this temple, your cells, your organs together; that keeps your physical body alive. Love cannot come any closer to you than that.

Do you know that the veil of your beliefs is the only thing that separates you from this love, this vibration? Do you realize this? Only your beliefs, your vision, your perception of yourself prevent you from feeling, living and being that love at all levels of who you are, using this physical body and these invisible bodies; all that kingdom of which you are the master.

These very simple words are charged with great truth and power. You are the undisputed and absolute master of this kingdom, you reign over love and with love; and it is your beliefs, your perception that keep you in this energy of separation, in this energy of pretending that you are not life, that you are not associated with the power and the eternity of life.

Do you know that it is you who dictate the duration of your physical body? It is you who command your cells the longevity of their lives by your beliefs. So, today, I come, filled with this love energy of the heart of Lemuria to completely envelop you, to touch your cells, your visible and invisible bodies, your emotions and your beliefs.

As you hear these words, feel an energy of love, eternity, of light, an energy of the heart of Lemuria bathing your beliefs. An energy that carries the words: eternal love, eternal trust, eternal compassion, eternal light and eternal peace.

These attributes are presently touching and enveloping all the beliefs and the energies that you carry in and around you.

So, by your intention, you, the absolute master of this kingdom, you, who command the elements of this kingdom; instruct this energy of the heart of Lemuria to transform forever the energy of the beliefs and limitations. Manifest the intention that all these beliefs be now bathed in eternity, in the energy of openness, reconnection with the great life, and the consciousness One. It is you who create!

Do you realize my dear children, my brothers, my sisters that you have all the powers in your inner kingdom? It is you who dictate the frequency of the energies you carry, of the energies you welcome inside you and the acceleration frequency of the energy transformations in all your bodies.

If, every day, you take the time to infuse the energy of the heart of Lemuria with these sacred attributes of eternity, eternal youth, perfection, infinite love, light, clarity; and impregnate all the beliefs that surround you and that you carry in all your bodies, in all your cellular memories, in all your energetic bodies. If you take the time to infuse these energies, do you realize that you become these attributes? That you will cease the separation, that you will return to the house of love by your intention, your determination, your belief, your own creation!

I say your own creation because it is up to each one of you to recreate energetically the frequency of eternity; to reintroduce in yourself, in your kingdom, in all these aspects of who you are, these elements of the heart of Lemuria to transform yourself, to realign your inner kingdom on the frequency and the vibration of the heart of Lemuria, that is to say of the living Christ materialized in this dimension.

Yes, the heart of Lemuria, my dear children, carried the heart of Christ materialized in density. The heart of Christ was one with matter and it was pure materialized love, pure love densified, connected to the heart of the source, to the magic of life, to eternity, to perfection; and that is what inhabits you. You carry this energy within you, my children.

This memory of the heart of Lemuria, of the perfection of life inside you exists in your heart. You have been on a long journey. You have traveled a great distance, gone through long lives,

experienced density and touched millions of vibratory frequencies in this environment, in this dimension among your brothers and sisters of the Earth

This long journey, my dear children, represents a precious treasure, of inestimable value. Many of your friends, from the multi-dimensional levels of light, marvel at this treasure because this experiment of the frequencies/energies in density will serve as a foundation for the creation of a world, a universe of even greater perfection because you have tasted all these variations of frequencies.

So today I, Aurelia, your sister, announce with all the joy of my heart, that you have won the million, you have won the lottery, all of you! Everything you have accomplished, lived, experienced in this dimension is worth millions!

There are no words to describe the richness of this experience you have lived in this dimension. There are no words in all creation to describe the value of these energies/frequencies that you have experienced and that now, each of you carries in his heart, like a treasure.

This represents your foundation of gold, precious jewels and invaluable treasure, upon which, you can begin to rebuild as a creator conscious of his wealth, of the vibratory frequencies that can be experienced in the density, in the separation. This is something that very few beings could experience in their eternity in all the Universes. What has been experienced in this dimension is unique ***and you carry this wealth inside you!***

When you look at yourself in the mirror in the morning, how do you dare not to smile at yourself? How do you dare not to appreciate the wealth you are? This wonderful, courageous being that you are, each of you. You are creators who have lived an experience that required courage, determination and, above all, a love more than extraordinary, a love more than infinite.

So, take the time, when you start your day, to look at this temple that you use and to feel the joy of living! The joy of having lived and acquired all this experience, this wisdom, this deep knowledge of the vibrations, these energies that you have experienced.

And why is that important? Because the way you look at yourself -and I'm repeating words you heard yesterday, didn't you? I too was listening- this self-vision is your greatest tool of transformation for yourself to become who you are! To manifest again the perfect essence of love that you are and that you have come to embody here on this Earth in this dimension among your brothers and sisters.

Yes! Nothing less, nothing more! What a wonderful adventure this is!

I feel the joy in your hearts! I listen to it, I can almost touch it with my fingers. This is my humorous side that shows up at times.

Well, here we are! Today you stand in front of a door; the door of your transformation, the door of the heart of Lemuria, which comes knocking at the door of your heart that knows, that is connected to the great life, to the frequency of the purest love that you can experience in this

dimension. It exists thanks to the heart of Lemuria, thanks to the heart of the infinite love of the Source that took form and created matter.

Today, very seriously, I ask you to open this door and say yes to your transformation, yes to the creative energy that you are, yes to the continued acceleration of the love vibration inside you so that this heart of Lemuria that you carry be allowed to grow, to transform you from the inside by the way you perceive yourself.

You simply have to open this door, to welcome yourself in your greatness, to say yes with all the cells of your being, to say yes with all of the beliefs you presently carry inside you and around you, to say yes to your transformation, to say yes to your rebirth, to the resurrection of your heart, of the heart of Lemuria, of the heart of love, of the heart of perfection that you have come to manifest in this world with all that you are now!

All that you are now is perfect! It is your magical foundation that will allow you to radiate this frequency of heart that you are, each of you, in a unique, wonderful, infinite way in all creation. You have come to grace this 3<sup>rd</sup> dimensional space with the radiance of the flower of the soul that you are! You came to add your color to the perfection of this world!

In this noble, precious, eternal moment, welcome your greatness! Welcome the magic and power of the life in you. Allow it to grow by the way you look at it. Take time each day to look at yourself with this creator's eyes that transform from within thanks to the power of life in action, in you and around you. This power of life will guide you if you authorize it, if you accept this truth, this potential you have, at all levels of your being.

This is the little message I wanted to share with you. A little message of love, eternity and resurrection for each one of you. And even if you do not think of me or you do not feel me or you have never met me in the 3<sup>rd</sup> dimension know that I am with you during this week. I walk with you. I watch over you. I tuck you in your bed in the evening. I am the one who prepares everything. I am supervising this week for you with my brothers and sisters of Telos, with Adama, who is waiting patiently -he has always been patient with me-, with Ahnahmar, with your Sacred Flames. Realize that the Sacred Flames of your heart have come to accompany you during this week. It is a secret, a surprise that I reveal to you today!

As you hear these words, focus on your heart and feel the Sacred Flame of your life that merges with you to support you, to help you, to promote the realignment of your beliefs, to assist the fusion of your beliefs with the heart of Lemuria, the heart of the love light that created this universe, this dimension.

Thank you!