

**Translated by Janine Leclerc**

## **Denise Laberge**

### *Preparation*

Take a deep breath and go into your Heart of Light. Imagine roots of Light going down from your Sacred Heart, down your spine, your legs, your feet and into the center of the Earth.

While your roots of light are descending to the core of the Earth, feel the Spirits living in the earth, these Spirits are in service to planet Earth, in service to Life. Feel them coming to offer you gifts.

Your roots of Light now reach the center of the Earth, the Inner Sun of the Earth. Feel the gifts that Mother Earth wants to give you. It is an energetic gift. You can ask what quality she wants to transmit to you and what gift she wants to give you? Accept this energy and then, through these roots of Light, return to your heart with that energy.

Now imagine a beam of Light, a ray of Light rising from your Sacred Heart, going through your Crown Chakra and reaching the Great Central Sun and offering you a gift, an energy. Welcome this energy and then return to your Sacred Heart with this energy, using that same Light path that connects you to your Sacred Heart.

Focus your attention on that Heart and breathe in the Light of Life.

## **Message from Mother Earth**

*You are at the dawn of a New Era,  
a new consciousness that comes to touch the human Heart.*

Children of the Earth, here I am among you listening to the sweet song of your hearts.

As you hear these words, feel all these people, my people around you, the Elves, the Gnomes, the Fairies, the Elementals. Feel the Guardians of this place. Feel the living heart of these trees towering above you. Feel the wind on your skin. Feel the sound of the flowing water. Feel that you are a consciousness, a sphere of Light and that from that sphere of Light you perceive everything around you.

I invite you to spread the wings of your heart, my children. See your heart illuminating all directions with its thousand and one rays. At the end of each of these rays there is one of my son, one of my daughters, one of those consciousnesses that came to greet you today. Focus your

attention on one of these rays and feel this Consciousness that wants to connect with your Heart in this moment. My beloved, unique and precious children, I invite you in this precise moment to believe in what you see, what you imagine, what you receive from this consciousness that is connecting to your consciousness at this time. See a bridge of Light becoming larger and more defined uniting your hearts. Feel this Consciousness that wants to connect to yours today, that wants to touch you and greet you.

My sweet darling children, you have unlimited potential inside your heart. Now I, Mother Earth, Gaïa, give me the name you want, I am the Consciousness that is presenting itself to you today to tell you: 'Believe in yourself! Believe in the intuition inside you! Believe in your imagination! Believe in the Life that animates you because you are the sum of Energies, a Consciousness experimenting density, using a human body? You are a Pure Consciousness of Light and Love. You are an Energy belonging to the Great Energy of the Great Life.' Each of you has a place in the Energy of the Entire Creation, a unique and precious place where you sing your note, where you shine your Light. This Consciousness, which has come today to contact you, wants to help you. It wants to enlighten you, to open a door to the magic within you because magic there is, miracle there is. The word "*impossible*" does not exist, for none of you!

Open up to the Magic of Love, to the Power within you and learn to connect with Life, with your surroundings: the birds, the trees, the stones, the crystals, the water, the air because it is all energy. Each one is a Consciousness which took a form, more or less dense, to experiment with you in this dimension, to interact, share, and teach.

Feel that heart in you, linked to *All That Is*. Do not accept anymore and think that you are separate from life. You are part of the Consciousness of this planet, of the Consciousness of Life. The more you believe in this connection, the more you will believe that you belong to the Consciousness One, the more your inner doors will open. New powers will awaken and grow inside you. You will be able to communicate, to see what now appears to be invisible. I speak these words to activate a new Consciousness in you. The Consciousness of the memories you carry, of the lives you have lived as wizards and witches among your brothers and sisters of the Earth, in other lands, in other places, in other times, in other universes where you were ONE with the Source. You carry in yourself all these memories, these faculties, these talents, and these gifts.

Today I ask you to bring out the harvest of beliefs in yourself, of beliefs in the Life that is in you, of beliefs in the heart that beats in you. Not only the physical heart but also the Galactic, the Cosmic, the Universal Heart connected to your physical heart. Unite yourselves to my Heart, my Heart of Planetary Consciousness, my Heart of Universal Consciousness. You can all unite with my Heart, it will open wide the doors of all the Universes. You have that Power! You have that Power within you!

So, dear children of my consciousness, today I invite you to spread your wings, to unfold the Power, the Light of your Heart, to tame it and to live it. Every day you can take a few minutes to reconnect to the great Life in which you walk, in which you evolve; this Great Life that you carry within you and this Great Life that is around you. Imagine yourself like a sun that shines from inside out reconnecting to all dimensions. Such is your power!

I encourage you to experiment consciously with this reconnection and observe the changes taking place within yourself in the way you think, feel, look and live. You are at the dawn of a New Era, a New Consciousness that touches the human Heart. Dare to cross that door! Dare to cross the wall of your beliefs and leave these beliefs behind the wall to finally live the Sun of the New Life, the Sun in your Heart, the Sun of the Universe you carry.

Thank you!