

## **Mother Earth**

### ***Your Body, the Sacred Cup***

Know my children that you are triggering a new movement in your bodies. Each of the cells of your physical body heard these words, became conscious of them. Each one anchored it deep in its heart.

Then I, your Mother Earth, the One consciousness within you, invite you to feel this sacred moment when you have addressed each of the cells of this physical body to trigger a new movement, a new reconnection, a deeper anchorage with Life in this dimension, Life in your multidimensional bodies, the Great Life in action in this universe.

I invite you to meditate on this moment when you return to your respective homes because this moment is sacred. Together we have opened a new door and it is up to you to choose to cross it every day; to cross it consciously to anchor even more deeply its action of regeneration, its action of reactivation of your multidimensional memories because this body contains everything. It is the Sacred Cup, guardian of your memories, of your experiences in this dimension.

It is the Sacred Cup that was awaiting your conscious recognition of its value, its light and its love for each one of you.

Thank you!