

Denise - *I see this image in gold and then red. Maybe it's my imagination. We will let them talk for five minutes. It won't last very long. It's just a little aside they want to make. They are very powerful Beings. It was really the gold and the red that I was seeing.*

Message Ho'Oponopono

We are privileged to be able to address you today on this beautiful day in this land of Quebec. Indeed, we have heard the call of your hearts for this Love, this liberation of the soul, this liberation of cellular memories, this liberation of your chains and we have come, running with our Love, our enthusiasm and the transformative fire of our energy. We have come to give you an image to help you transform yourself because the sole and ultimate goal of the Ho'Oponopono is the transformation of the Being that you are. The transformation into your real authentic being, the One who touches Eternity and whose heart only knows the word "Love".

The image we want to give you today is a wave of Golden Red Light. When you feel overwhelmed by emotions, visualize a wave of Red Light coming and completely enveloping you. Then visualize that wave having a downward spiral movement and imagine that everything in your energy field, at all levels, from your subtle bodies all the way to your physical body, feels the energy of this movement that draws out and pulls from you everything that does not vibrate to the energy of harmony and Love.

Pose for a moment, center yourself and imagine this spiral of Red Light holding on tight to everything that is not in harmony with you, everything that prevents you from being centered and in perfect harmony with your inner light.

Then imagine this spiral going down, crossing your feet and reaching the centre of the Earth. At that moment, the fire of Mother Earth Almighty Love transforms it into vitality, beauty, purity, extreme and wonderful Life; and redistributes it throughout its body.

For everything that exists, everything that you create by your thoughts, by your emotions and by your consciousness is energy. You are a pure energy and it must simply refocus itself. You are already the Great Divine Energy that has taken this body into this dimension and the only thing to do is to refocus yourself.

So, may the Almighty Fire of our Love, the fire of Love of the Ho'Oponopono transform you and help your inner reconciliation, the one that brings the Great Peace, the Great Light!

Then visualize a wave of Golden Light that brings light to your whole being, to each of your thoughts, emotions, cells and atoms.

Visualize this wave of Golden Light that rebalances and re-harmonizes your whole being. Keep this golden spiral activated around you until your center is perfectly balanced.

2010 05 30

Denise Laberge

Message Ho'Oponopono

We have come with love to offer you this gift, this image to help you balance yourself in these times so important for each of you and for humanity.

We lay our Almighty Love at your feet and we cover you with the Love of the Ho'Oponopono which is a word that means: ***Total Liberation! Infinite and Eternal Liberation!***

See you soon!

Denise - *I saw them arrive as very powerful Beings who made a circle around us and there were golden flames.* END